

Patient: _____ **Facility:** _____

Examiner: _____ **Date:** _____ **Room:** _____

Ordered/Prescribed Medication(s): _____

Common or Serious Adverse Side Effects and Risks of Psychotropic Medications:

- AChE Inhibitors:** GI upset, diarrhea, muscle cramps, anorexia, orthostatic hypotension, syncope, seizures, GI bleeding, arrhythmia
- Anxiolytics:** sedation, ataxia, paradoxical agitation, confusion, amnesia, addiction, respiratory suppression/aspiration, decreased motor skills, risk of falls
- Antipsychotics:** sedation, parkinsonism, akathisia, akinesia dystonia, tardive dyskinesia, blurred vision, dry mouth, constipation, urinary retention, metabolic syndrome, neuroleptic malignant syndrome, stroke, cardiac arrest, priapism, respiratory suppression/aspiration; **Black Box Warning: increased mortality in elderly**
- Hypnotics:** daytime fatigue, cognitive impairment, falls and fractures
- Namenda:** dizziness, constipation, headaches, confusion
- MAOIs:** dry mouth, dizziness, headaches, sedation, nausea, hypertensive crisis, orthostatic hypotension, seizures, tyramine restriction
- Tegretol:** Dizziness, GI upset, nausea, vomiting, drowsiness, ataxia, hyponatremia, blurred vision, tremors, very serious (possibly fatal) skin reactions (rare), aplastic anemia and other blood disorders (rare)
- Valproic Acid, Lamictal, Topamax:** Hematological and liver abnormalities, GI upset, sedation, appetite changes, thrombocytopenia, **Black Box Warning: Valproic Acid – rare but serious liver abnormalities; Lamictal – rare but serious skin rash**
- Lithium:** GI upset, metallic taste, dizziness, increased appetite, fine tremor, polyuria, polydipsia, kidney damage, hypothyroidism, visual changes; **Black Box Warning: toxicity**
- SNRIs:** nausea, sedation, dry mouth, diminished libido, anorgasmia, hypertension
- SSRIs:** headaches, fatigue, ejaculatory delay, impotence, anorgasmia, GI distress, abnormal bleeding, SIADH (**Citalopram: - dose-dependent QT interval prolongation – maximum dosage 20 mg > 65 y.o.**)
- Tricyclics:** dry mouth, blurred vision, constipation, sedation, urinary retention, impotence, tachycardia, orthostatic hypotension
- Trazodone:** ataxia, orthostatic hypotension, drowsiness, priapism, blurred vision, nausea, muscle pain, SS or NMS-like reactions (rare)
- Remeron:** increased appetite, somnolence, hypo/hypertension, REM rebound, agranulocytosis (rare)
- Wellbutrin:** insomnia, agitation, headaches, orthostatic hypotension, hypertension, seizures, rash/allergic reaction (rare but serious)
- Stimulants:** insomnia, agitation, headaches, GI upset, anorexia, hypertension, visual disturbances, irritability, seizures, blood dyscrasia, **Black Box Warning: addiction, psychosis**
- Others:** _____

Risk Benefit Statement and Decision to Treat (as applicable, include considerations of significant medical comorbidities, hypersensitivities, potential drug-drug interactions, etc.): _____

Psychiatric Consultant: _____ **Date:** _____
Seniors Wellness Group of Michigan